

Were you cyberbullied?

Age: 10-11 = 18% Age: 12-13 = 26%

Age: 12-15 = 26% Age: 14-15 = 23% **21%**All ages



What do parent; do?

29%: Limit time online 39%:Check games ratings 41%: Check film ratings

Who is most vulnerable online?

Young carers, children in care, those with a chronic illness, learning or hearing difficulties, those who need help with English, those with mental or emotional health problems.

They need targeted and sensitive support.

Age 12-13

Age 14-15

38% see pro-anorexia sites

12% see pro-self-harm & suicide sites

28% see very violent images/videos

12% see nude images/videos accidentally

20% see pro religious extremism sites

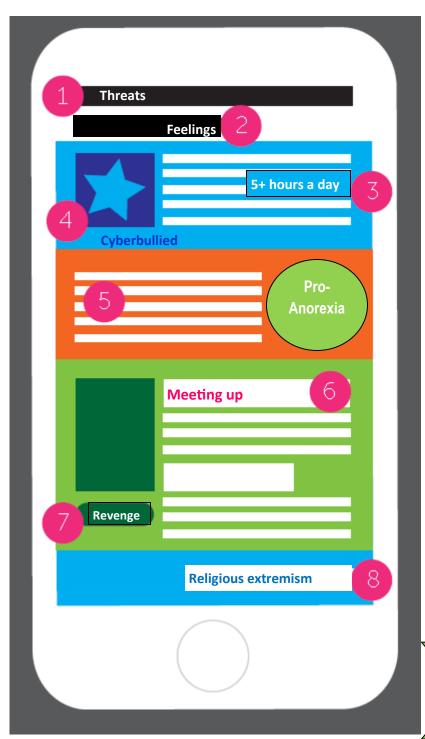
32% see pro-violence, hatred or racism

46% see pro-anorexia sites

19% see pro self-harm/suicide sites



Emotional health



Of those who say 'I never feel

happy & confident' →

- . A third have received threats to harm
- 2. 36% say the internet has left me with upsetting thoughts and feelings
- 3. 44% spend 5+ hours a day online
- 4. 41% have been cyberbullied
- 5. 20% often visit pro anorexia sites

Sexting is part of a high-risk profile

- 6. Over half of those involved in sexting have met up in real life with someone only known online.
- 26% have experienced images shared in revenge
- 8. 30% of those involved in sexting have seen websites in favour of religious extremism and terrorist acts.

'I feel I am not good enough most of the time'

High

Risk